

WHERE CAN YOU TURN FOR NUTRITION TREATMENT?

Meeting with a registered dietitian for medical nutritional therapy can be very effective if you are trying to understand and follow a prescribed diet. The dietitian will evaluate your past medical history and current lifestyle and will help develop a meal plan that works for *you*. The following is a list of area hospitals and clinics that offer outpatient medical nutrition treatment. Outpatient hospital fees range from \$50- 100/unit (hour, 15 minutes, etc.). Clinic fees vary depending on need and financial status. Hospitals currently offering a weight loss program are marked with a *.

Hospitals/Behavioral Health Care Facilities

Catholic Healthcare Partners	
Mercy Franciscan Hospital Mt. Airy or Western Hills	
Diabetes Care Center – Western Hills	389-5068 (diabetes)
Medical Nutrition Therapy - Mt. Airy	853-5789
Medical Nutrition Therapy - Western Hills	389-5348
Clermont Mercy Hospital	732-8397
Mercy Hospital - Anderson	624-4842
Mercy Hospital – Fairfield*	870-7023
Mercy Health Partners (Nutrition Education)	95-MERCY
Children's Hospital Medical Center	
	636-7475 – Option 1
The Christ Hospital	
	585-2668
Deaconess Hospital	
	559-2500
Health Alliance of Greater Cincinnati	
The Fort Hamilton Hospital	867-2337
Jewish Hospital, Kenwood	686-3291
Weight Management Center at Jewish Hospital*	686-6820
	www.morethanadiet.com
University Hospital	584-4542
West Chester Medical Center	298-7840 or 298-7833
Lindner Center of Hope	
	513-536-HOPE (4673)
St. Elizabeth Healthcare	
St. Elizabeth – Edgewood	859-301-2183*
St. Elizabeth – Fort Thomas (formerly St. Luke - East)	859-572-3111*
	859-572-3400 (diabetes)
St. Elizabeth – Florence (formerly St. Luke – West)	859-962-5217
TriHealth	
Bethesda North Hospital	569-6777
Good Samaritan Hospital (central scheduling)	569-6602
TriHealth Fitness & Health Pavilion	985-6710
Veterans Admin. Medical Center (veterans only)	
	861-3100 ext. 5183*

CLINICS

Santa Maria Wellness Sites	
Price Hill Community Center, 959 Hawthorne Ave.	557-2700 ext. 200 (Mon 4-6 pm; 2 nd Wed 10-12 pm)
Santa Maria @ Warsaw, 3301 Warsaw Ave.	(1 st Tues 9-12 pm; 3 rd Thurs 1-4 pm)
St Michael's Bingo Site, 2104 St. Michael's Street	(4 th Thurs 4-5:30 pm)

The following clinics require a referral from a physician at one of the **Cincinnati Public Health Department** clinics.

Braxton F. Cann (WIC)	271-2423	Millvale	352-3198
Elm Street (diabetes ed)	352-3092	Price Hill	357-2700

Northern Kentucky Health Department Clinics

Boone County Health Center 859-363-2060	Campbell County Health Center 859-431-1704
Grant County Health Center 859-824-5074	Kenton County Health Center 859-431-3345

Dietitians in Private Practice		
Dietitian	Phone Number	Areas of Service
Lisa Andrews, MEd, RD, LD Email: lisa@soundbitesnutrition.com	513-675-6780	Medical Nutrition Therapy, Meal Planning, Grocery Store Tours, Weight Management & Disease Prevention, Health Fairs, Employee Wellness
Barb Lattin, MS, RD, LD Sound Bites Nutrition www.soundbitesnutrition.com	513-520-3981	
Amy Bellemah-Daniels, RN, RD, LD Jennie Wade, Med, RD, LD Body Truth Center for Wellness, LLC 9403 Kenwood, Suite A120 Cincinnati, OH 45242	513-794-0019 www.bodytruth.com	Eating Disorders, Weight Management, PCOS, Vegetarian, Women's Health Offers Outpatient Eating Disorder Program
Cindy Cassell, PhD, RD, LD Nutrition Access 2753 Observatory Avenue Cincinnati, OH 45208	513-310-7963 (cell) 513-553-0293 (fax) www.nutritionaccess.org	Diabetes, Eating Disorders, Cardiac, Gastric By-Pass, Infant & Child Nutrition, Sports Nutrition, Weight Management, Women's Health
Laurie Dunham, MS, RD, LD	513-349-1014	Eating Disorders, Weight Management, Adolescent and Child Nutrition, General Nutrition/Wellness
Shirley Ekvall, PhD, RD, LD Valli Ekvall, PhD, RD, LD	513-522-1403 shirley.ekvall@uc.edu ekvallr@aol.com	Medical Nutrition Therapy, Adolescent and Child/Maternal Nutrition, Home Health, Eating Disorders/Weight Management, Sports Nutrition
Betty Hollstegge, RD, LD, CDE	513-314-0772	Diabetes, General Nutrition, Weight Management
Laura Horn, MEd, RD, LD 9181 Fontainebleau Terrace Cincinnati OH 45231	513-522-8327 compnutcon@cinci.rr.com	General Nutrition
Kristin Kridler-Leggett, RD, LD Mind & Body Fitness & Nutrition 5997 Woodsbend Drive Milford, OH 45150	513-284-8662	General Wellness/Sports Nutrition
Peachy Seiden, MS, RD, LD Cincinnati Nutrition Counseling 7400 Montgomery Road Cincinnati, OH 45236	513-315-3943 www.peachyshealthsmart.com	Eating Disorders, Clinical, Sports Nutrition, Weight Management, Cooking Classes
Mary M. Tholking, MEd, RD, LD	513-289-8152 (cell) marytholking@yahoo.com	Medical Nutrition Therapy, Behavior Modification, Eating Disorders, Toddler/Child/Adolescent/ Adult Behavior and Weight Management, Cardiac Care, Women's Health, Cooking Classes, Speaker/Workshops

Fees for individual nutrition consultations range from \$75 to \$150 per hour and are established by each provider. Individuals listed are credentialed in the State of Ohio to provide nutrition counseling but are not affiliated with or endorsed by the Nutrition Council. Information is provided by each practitioner and is available as a public service. To find additional nutrition professionals in the Greater Cincinnati area visit the American Dietetic Association at www.eatright.org.